

# Supporting Children Impacted by Trauma in Schools

## Individual Student Support

[Complex Care Initiative \(CCI\)](#) supports individuals committed to supporting children who have undergone traumatic experiences, understanding the difficulties associated connection, emotions, and behaviors that can often follow suit. They work with care teams, school teams, and families to assess the child's developmental level, and collaborate on support plans for home and school that match their level. CCI staff will come alongside both the family and the school to support the plan.

## Educator Training: Level 1 and Level 2

In-person delivery of Calm Classrooms Level 1 course is available for full staffs. This course is also available as 13 on-line modules, presented in 15 minute increments. The goal is to equip teachers and support staff with confidence and the skills to support all of their students, including their most complex students. This training is to help shift the lens from behaviour to development, and to approach students with knowledge (based in theory and practical skills) and compassion while using the PEACE (Predictable Routines, Emotional Literacy, Attachments, Calming Activities, Empowerment) as an intervention guide.

The in-person Level 2 (HeART – Heal ACEs Rating Tool for school-based teams) training includes up to 10 hours of coaching after the course to support implementation. The main goal is to equip leaders to use an assessment (Heal ACEs Rating Tool) to look at their most complex students from a developmental lens and help them grow from there. The HeART produces a profile graph which helps guide the team to create specific trauma informed interventions. The HeART also allows data tracking across the months and years. This tool was created by Dr. Chuck Geddes and his Complex Trauma Resources team.

## Who is Angela Murphy?

Angela is an engaging and highly referred public speaker, author, school psychologist, and former educator. She has been working in Education for 17 years. With degrees in Psychology and Child Applied Psychology, she has over 14 years of experience in Indigenous communities and 7 years in trauma-informed practices.

Angela is dedicated to the belief that every student can learn and employs a collaborative, inclusive, trauma-focused approach to support students facing challenges.



## CCI Resources

- Calm Classrooms on-line modules
- PEACE framework for classrooms and schools
- Stress Cycle – self-care and care for others
- 10 Ways to De-Escalate Big Behaviours resource for teachers and parents/guardians
- Teens and the Brain
- Social Emotional Resources ([www.angelamurphyauthor.ca](http://www.angelamurphyauthor.ca))
- [Helping Children Recover from Complex Trauma](#) article

## Participating Schools

- AD Rundle Middle
- McCammon Elementary
- Imagine High
- Vedder Middle
- Stitó:s Lá:lém Totí:lt Elementary Middle
- Leary IAT Elementary
- Sardis Secondary
- Mt. Slesse Middle