



SD33 DPAC GENERAL MEETING MINUTES
for October 24th, 2024, at 7 pm
HELD In Person at the School Board Office and on ZOOM

Executive: Chair Katie Bartel (DPAC Rep ADR), Vice Chair Deirdre O'Connor, Treasurer Jessica Clarke, Indigenous Liaison Gina Phillips (DPAC Rep Imagine), BCCPAC Rep Erin Enns (DPAC Rep SSS), Member at Large 1 Vrushali Khot (DPAC Rep LME), Member at Large 2 Matt Stevenson (DPAC Rep McCammon)

DPAC Rep/Alt: Rachel Swedgan (Robertson Rep), Tanya Cannon (Cheam Rep), Tai Weatherhead (VMS Rep), Jen Hooge (CSS Rep), Diana Heidinger (CMS Rep), David Swankey (Parent), Cary Moore (Strathcona Rep), Alison Esau (Promontory Rep), Amy Kelly (Unsworth Rep), Dana Drope (Cultus Rep), Angela Wilkinson (Vedder Elem Rep), Jaime Kampman (Yarrow Rep), Kendy Michaloski (Sardis Elem Rep)

Parent / Other: Kate Healey (Central Elem Treasurer)

Trustee Liaison: Teri Westerby

Special Guest: Janine McMorran (FamilySmart)

1. WELCOME, HOUSEKEEPING and INTRODUCTIONS

- Land Acknowledgement
- Housekeeping
- Introductions

2. SPECIAL GUEST

- Janine McMorran – Family Peer Support Worker from FamilySmart
 - Janie is our Peer Support worker in Chilliwack - please reach out to her at any time to speak one-on-on, or book a presentation for your school / PAC
Janine McMorran (janine.mcmorran@familysmart.ca)
- Monthly Workshops that are of no charge to parents can be found here:
<https://familysmart.ca/monthly-events/>
- Please see APPENDIX I for the slide deck for the presentation.
 - We did not have time in the meeting to [review this video](#), which is approx 8 minutes but encourage everyone to watch it on their own time.

3. CALL TO ORDER (7:32pm)

- Adoption of Agenda
 - THAT the agenda be adopted as circulated.
 - Motion – Rachel Swedgan
 - Seconds – Tai Weatherhead
- Approval of Minutes
 - Motion – THAT “Annual General Meeting” be removed, Deirdre’s edits be added, make correction that CYC is a separate committee and NOT under CHC.
 - Motion – Vrushali Khot
 - Seconds – Gina Phillips
 - Motion – THAT the minutes of the September 26, 2024, be approved as distributed.
 - Motion – Matt Stevenson
 - Second – Erin Enns



4. INFORMATION ITEMS

- Chair Report
 - We had Shawnee Kruger give us a Halq'eméylem language lesson last night where we learned the sounds of the Halq'eméylem alphabet, greetings and how to use the firstvoices.ca website. I encourage everyone to go to the website and learn this incredible language of this land.
 - This month we also made it through the provincial election. While things are still being worked out a bit it looks like Heather Maahs and A'A:liya Warbus are our new MLA's. Congrats to them both and thank you to Kelli Paddon and Dan Coulter for their service over the last 4 years to our city.
 - As Trustee Heather Maahs is still a sitting School Board Trustee there are a few things that might happen from here. Trustee Maahs is not obligated to resign from her Trustee role, though it is expected that she will. Nothing changes until she sends a letter of resignation and when and if that happens is solely up to her discretion. If she does resign, a by-election will be held within 4 months which the school district is obligated to pay for.
 - https://www2.gov.bc.ca/assets/gov/education/administration/legislation-policy/legislation/schooltrustee/school_trustee_election_procedures.pdf
- Trustee Report
 - Boundary Review and Enrollment Planning
 - The Board of Education is initiating a boundary review process across the district during the 2024-25 and 2025-26 school years. Key priorities in this process include:
 - Transparent communication throughout the review.
 - Ensuring equity and access for all students.
 - Inclusion of diverse voices and perspectives.
 - Consideration of family dynamics and community impact.
 - Sensitivity to cultural contexts.
 - Data-driven decision-making.
 - Long-term planning for district stability.
 - Projected Enrollment Growth
 - Fraser Valley Regional District (FVRD) Developments
 - SD33 discussed growth with FVRD and emphasized the need to coordinate with the school district to manage the impact of new developments on school capacity.
 - Indigenous Partnerships and Long-Term Planning
 - Collaborative projects with local Indigenous communities are projected to impact enrollment significantly.
 - The district is actively planning for projected enrollment growth driven by new developments in both urban and Indigenous communities.
 - Coordination with local planners and Indigenous partners will be essential to ensure adequate school capacity and maintain



SD33 DPAC GENERAL MEETING MINUTES
for October 24th, 2024, at 7 pm
HELD In Person at the School Board Office and on ZOOM

balanced, sustainable growth and are working on implementing long-term strategies that will be critical to manage the influx of new students and provide equitable access to education across the district. Your engagement will be critical to our success.

- Strategic Plan consultation dates - <https://www.sd33.bc.ca/strategic-plan-refresh-2024-2025>

- **Treasurer Report**

CHILLIWACK SCHOOL DISTRICT
 PARENT ADVISORY COUNCIL
 STATEMENT OF REVENUES AND EXPEDITURES
 JULY 1, 2024- JUNE 30TH, 2025

	Gaming Account 1465970		General Account 1465954	
	Budget	Actual	Budget	Actual
Bank Balance as at July 1st, 2024	342.69	342.69	5,989.22	6,191.82
2024/25 Province of BC DPAC Grant Donation	2,500.00			
DPAC Summit Mileage Reimbursement				
BCCPAC Conference Mileage Reimbursement				
SD33 Funding			5,000.00	
Total Funds Available	2,842.69	342.69	10,989.22	6,191.82
Expenditures Paid				
<u>BCCPAC Membership Fees</u>	200			
<u>Miscellaneous Office Supplies & Printing Costs</u>	500			
<u>BCCPAC Conference</u>			2,000.00	
<u>BCCPAC Conference Travel Expenses</u>	500			
<u>BCCPAC DPAC Summit</u>			500	
<u>Guest Speakers and Guest Speaker Recordings</u>	1,000.00		3,000.00	
<u>Workshops/Training Seminars for DPAC/PACs</u>	500		1,000.00	
<u>Update DPAC Logo</u>			1,000.00	
<u>Honorariums for Indigenous Elders and Knowledge Keepers</u>			500	
<u>Refreshments for Meetings</u>			500	
<u>Bursaries/Gifts</u>			300	
<u>Social Media Marketing</u>			100	
Total Expenditures	2,700.00	-	8,900.00	-
Closing Bank Balance September 30, 2024		\$342.69		\$6,191.82
Expenditures Committed:				
(23/24) Vrushali Khot - Per Diem DPAC Summit	chq#72			50
(23/24) Gena Phillips - BCCPAC Mileage	chq#80			152.6
Total Commitments on Account		-		202.6
NET Adjusted Bank Balance		\$342.69		\$5,989.22



SD33 DPAC GENERAL MEETING MINUTES
for October 24th, 2024, at 7 pm
HELD In Person at the School Board Office and on ZOOM

- BCCPAC Report
 - Elections and nominations to the board - Per their last email sent October 11th, 2024.
 - The Nominations Committee is working on developing a timeline for the by-election process, as well as reviewing the necessary forms and policies to ensure everything runs smoothly and in compliance with their bylaws.
 - Minutes are now available on the website for June-September meetings. The next meeting date was scheduled to be October 2, 2024. Nothing has been posted from that meeting yet.
 - <https://bccpac.bc.ca/index.php/about-us/board-agendas-minutes>
 - Leadership Manual
 - Located on the website under Resources.
 - <https://bccpac.bc.ca/index.php/resources/16-dpac-pac/523-leadership-manual>
 - *Membership fees are now due.* Eligibility to vote at the AGM requires fees be paid by December 31st.
 - Dates for Digital Learning Events are posted for the year. Topic: Establishing Safe, Caring, & Respectful Digital Communities
 - <https://pages.saferschoolstogether.com/erase-family-session>
 - Main ERASE Website: <https://www2.gov.bc.ca/gov/content/erase>
- Committee Highlights
 - Budget
 - No update this month.
 - ACIE
 - ACIE started the year off with a Student Services update. The District has put together an Admin Tool kit that equips administrators better with how to evaluate CBIEP documents and the work teachers and inclusion teams are doing.
 - Exciting changes parents can expect this year is that CBIEP supplementary and replacement goal progress will be reported in the report card, not a separate document.
 - See APPENDIX II for updates related to: CHC, SAGE, IDEA, CYC.

2. UNFINISHED BUSINESS

- DPAC Priorities and Action Plan Proposal
 - Presentation of infographic on survey data from feedback survey (Appendix III)
 - Presentation of survey data from advocacy survey (Appendix IV)
 - Review of proposed DPAC priorities
 - Classroom temperatures – continues to be a concern in brick-and-mortar classrooms. Discussion about this being a multi-faceted issue, needs advocacy at the provincial level. Potential for collaborating with CUPE and CTA, as their members are affected too.



SD33 DPAC GENERAL MEETING MINUTES
for October 24th, 2024, at 7 pm
HELD In Person at the School Board Office and on ZOOM

- DPAC Logo development process
 - Discussion about concerns re: inviting designs from students and potential alternative of having students and caregivers vote on one out of a few options.
 - History of current DPAC logo provided by DPAC Rep – created by Justine Hodge.
 - Discussion about how artist will be selected – canvassing via survey, DPAC VP has experience and ideas for artists.
 - Discussed plan – Word Cloud survey to gather ideas from parent community and proceed.

3. NEW BUSINESS

- Round Table – Emerging Parent Concerns
 - Bussing – will DPAC continue to advocate for bussing?
 - Was led by previous DPAC VP in 2023-2024 (this was to address issues in that year, not a standing committee).
 - Discussion about current inefficiencies and issues – some schools do not have bussing, some buses are empty, etc.
 - If DPAC strikes a committee to advocate for bussing, Trustee Westerby has volunteered to be part of it. Would like to look into gap in funding for schools that currently do not have bussing.

4. DATES OF UPCOMING MEETINGS and PRESENTATIONS

- November 21st, 2024 @ 7pm – Advocate Sue Robbins
 - Your Silence Will Not Protect You – The Nuts and Bolts of Advocacy. Sue will share her story advocating for her son with Down Syndrome, talk about the various levels of advocacy in BC and share practical tips and how to survive the school system of IEP meetings, calls from the principal, and the struggle against exclusion online via Zoom - <https://sd33-ca.zoom.us/meeting/register/u5YpcOmtqTwrGNB-whULpuN60Wuw0BQchJNW>
- November 28th, 2024 @7pm – DPAC General Meeting
 - In person at the School Board office and online via Zoom - <https://sd33-ca.zoom.us/meeting/register/u50odeyuqzwwjE9HQJ-9GfWKYVL4an8wEsCfC>
- December 5th, 2024 @ 7:30pm – SafeTeen Violence Prevention
 - Violence Prevention Presentation online via Zoom - [See Facebook post](#) for infographic and registration information.

5. ADJOURNMENT (@8:37pm)

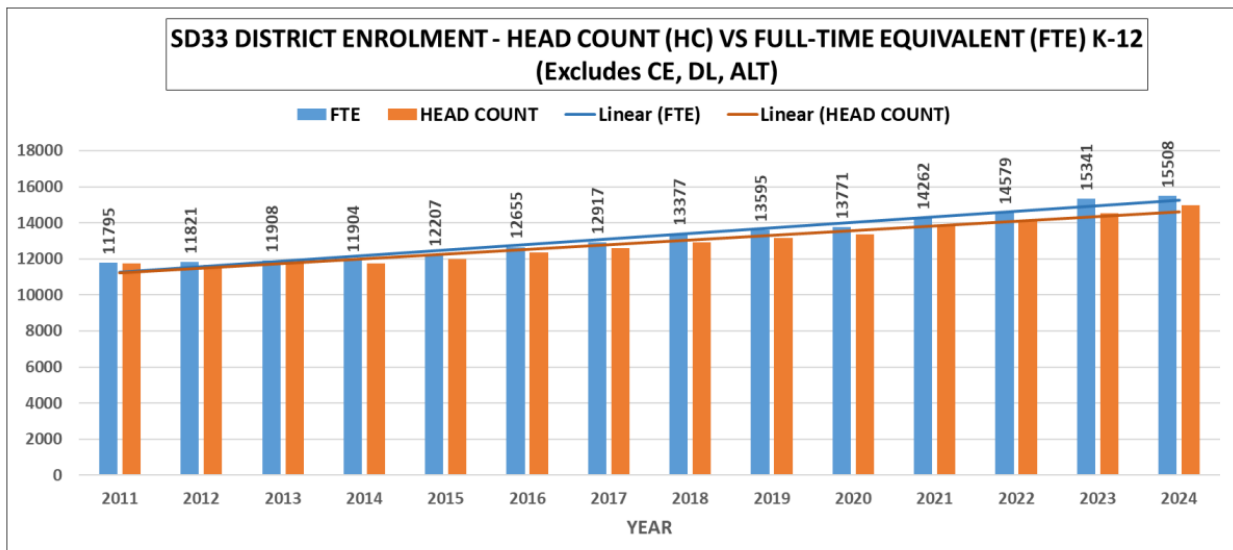
Things to Note:

- [Superintendent's Report To The Board](#) - September 30 & October 8.
- Foundation Skills Assessment (FSA) 2024-25
 - FSA Administration in Schools runs from October 1 – November 08, 2024.



SD33 DPAC GENERAL MEETING MINUTES
for October 24th, 2024, at 7 pm
HELD In Person at the School Board Office and on ZOOM

- FSA Assessments show parents and teachers how students are doing in literacy and numeracy. Participation is mandatory. Results are not part of final grades. The 2024-25 FSA reports for individual students will be ready for use by teachers and students and to share with parents, along with the students’ writing response booklets, once score entry is complete. This report will include student performance on proficiency levels with descriptive, strength-based language.
- World Mental Health Day - October 10 - aims to raise awareness and spotlight the importance of mental health education on a global level. The Ministry of Education and Child Care’s Mental Health in Schools Strategy (English) (Français) provides a vision and pathway to promote mental health and well-being into all aspects of our K to 12 education system. Resources are also available to support the mental health and well-being of school communities.
 - The refreshed erase (Expect Respect and a Safe Education) site includes a Mental Health & Substance Use section which provides information and resources on mental health for students, adults, and school staff. The erase Have a conversation section also includes information on how to talk about mental health with children and youth.
 - Language Matters! An Introductory Guide for Understanding Mental Health and Substance Use: A Resource for Educators and School Communities supports mental health literacy and building capacity in the K to 12 system to facilitate conversations, build common understandings and support practice of mental health and substance use concepts and terms.
 - The Decision-Making Tool: Supporting Educators in Selecting Mental Health and Substance Use Resources (English) (Français) is an optional toolkit to support educators in identifying appropriate and effective mental health and substance use resources for their learners





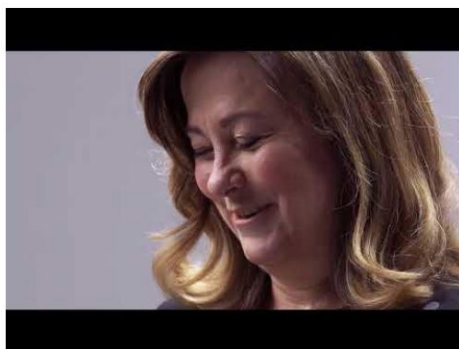
APPENDIX I – Family Smart Presentation



Family Peer Support Workers help children and young people by helping their family and other caring adults.

We know children and young people do better when the adults who care about them are supported.

The Journey to FamilySmart





Family Peer Support Workers use their own lived experience of parenting a child or young person with mental health and/or substance use challenge to provide peer support to other parents and caregivers.

Parent Peer Support

We provide emotional support, information, resources, and help in navigating services for parents & caregivers of a child, youth or young adult with a mental health and/or substance use challenge.

Our Peer Support services are free. No waitlist. We get it.

95% of parents and caregivers felt validated, supported and less alone after connecting with a FamilySmart Parent Peer Support Worker.

90% of parents and caregivers felt that they could manage a bit better after connecting with a FamilySmart Parent Peer Support Worker.

87% of parents and caregivers said, "I feel more confident and better able to support my child/youth/young adult with their mental health" after connecting with a FamilySmart Parent Peer Support Worker.

PARENTS AND CAREGIVERS SAID...

"The Parent Peer Support Worker was a great source of parent information and help. Her help and support made a difference to where we are now. Her knowledge and skill was very effective in guiding us to navigate the complex mental health difficulties of our son."

TOTAL INTERACTIONS

11,486

(7,513

Total Interactions w/Parent/Caregiver

+ 3,973

Total Interactions w/Service Providers

FamilySmart Family Peer Support

Community	32 BC Communities			
Provincial Programs	Hospitals	Fraser Region Programs	ICY Teams	Alberta
Maples Adolescent Treatment Centre	BC Children's Hospital's Kelty Mental Health Resource Centre Surrey Memorial Hospital's CAPSU and Fraser Health's Transition Team	ADTP Fraser East and South Short Term Assessment Response Team (START) Fraser	BC's Integrated Child & Youth Teams	CASA Mental Health, Edmonton



SD33 DPAC GENERAL MEETING MINUTES
for October 24th, 2024, at 7 pm
HELD In Person at the School Board Office and on ZOOM

Family Peer Support Workers provide:

1. Emotional support
2. Information & resources
3. Help in understanding and navigating services
4. Attend meetings with families or caregivers

We serve parents & caregivers of a child, youth or young adult to 24+) with a mental and/or substance use challenge

Family Peer Support Workers can meet with families:

- In Person
- Video Chat
- Email
- Phone

We are a **confidential, free** service, and we don't have **waitlists**. No **diagnosis** is needed.

Referring to us

- We can support any family at any point in their journey working alongside you, as you support them
- We can offer as much or as little, for as long as a family needs
- You can now refer to us with a family's consent:
 - on line
 - share our contact details: familysmart.ca



Monthly Events - 'in the know'

Every month, we host events called 'in the know.' We watch a video and share experiences and strategies that help in the hard moments and focus **on strengthening our understanding & connection with our kids.**

Events are facilitated by FamilySmart Family Peer Support Workers. Currently offered **online.**

familysmart.ca/events



SD33 DPAC GENERAL MEETING MINUTES
for October 24th, 2024, at 7 pm
HELD In Person at the School Board Office and on ZOOM

Video Library

<p>For Families: A Conversation About Eating Disorders</p>	<p>Connecting With Our Kids When Anxiety Leads to Social Isolation</p>	<p>Parenting When Our Kids Can't Go to School</p>
<p>Parenting When Anxiety Shows Up As Anger</p>	<p>Self Harm: There is Always Help, There is Always Hope</p>	<p>Teens and Schools</p>



Help for the Hard Times Workshops

These online workshops are intended to offer a framework for parents and caregivers to consider as they support their child or youth after a hospital stay or ER visit for mental health.

The suggestions, tips and strategies discussed are intended to support caring, connected relationships.

familysmart.ca/workshops



We want to work with you and the families you support to help things go better for everyone.

Janine McMorran
Family Peer Support Worker:
Email: janine.mcmorran@familysmart.ca

Call: 604-426-2383

www.familysmart.ca



[FamilySmart.ca](https://www.familysmart.ca)



APPENDIX II – DPAC Committee Reports

DPAC Committee Report

CHC: Chilliwack Healthier Community

City Committee, chaired by the Mayor. Main Partner Group under which most other groups fall (umbrella). Many may intersect with this. <https://www.chilliwackhealthiercommunity.ca/> to learn more.

This month was an in-person networking meeting, and we did not have a member attending, however there were still many updates to share from various sources.

1. **Food Council** - is working on keeping the Free Food Resource document updated. [Linked here](#). PLEASE share with your PACs, have your Admin share, Print and Pin on your community / PAC boards etc. There are a lot of folks struggling that you may not realize, especially as we move into colder months and fresh food sources and garden start to become less available. Hunger affects education outcomes!
2. The CHYC - **Chilliwack Youth Health Centre's** [monthly newsletter](#) is ready.
3. **Ann Davis Transition Society** has several free programs this season, including:
 - **Mastering Your Emotions**, a 10-week virtual group, in partnership with **CYHC**
 - **Children in Between** children ages 5-11 & one or both parents. This group provides info on the emotional costs of separation & divorce and is designed to increase communication and coping skills for all involved.

Next Meeting: Nov 26th 10am on Zoom

SAGE: Sexuality and Gender Equity Collaborative

The SAGE Community Collaborative creates and promotes education & awareness opportunities for service providers, to ensure that individuals of all sexualities & genders are served equitably. (CHC Committee)

Have not met since our September General Meeting, so please refer to our Minutes for those expanded notes. Next Meeting has been moved to Nov 4th due to scheduling conflicts.

Of Note:

1. Resource Cards have been mentioned multiple times in reports – they should receive final approval from the CHC Steering Committee at their Nov meeting.
2. Lunch and Learn topics (Gender 101, Asking Hard Questions in a Safe Space etc), also in the process of being developed. Please email or reach out if you have topic suggestions or are in a position to host one of these events! dpacvp@sd33.bc.ca
3. Committee members and volunteers continue to be an area where we could use some assistance; we welcome anyone who would like to attend a meeting and see if it is for them. Allies, 2SLGBTQIA+, anyone welcome, lived experience would be great, though not necessary! Generally, we meet on the 3rd Monday of the month on Zoom 1:30-2:30pm Please contact dpacvp@sd33.bc.ca to reach out if you would like more info, or have discussion topic suggestion, or are in need of any resource/support assistance.



SD33 DPAC GENERAL MEETING MINUTES
for October 24th, 2024, at 7 pm
HELD In Person at the School Board Office and on ZOOM

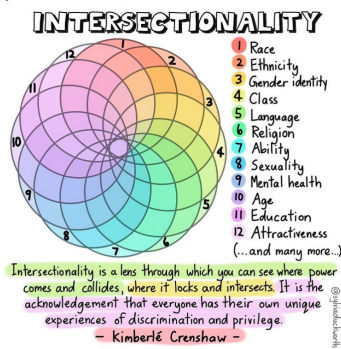
Next Meeting: Nov 4th 1:30 pm on Zoom

I.D.E.A. Inclusion. Diversity. Equity. Accessibility.

District Committee formed of many partner groups, including student voices. This group advises on procedures, practices and regulations. More info and many great resources can be found here: <https://inclusiveschools.sd33.bc.ca/> → *Please actively share and post about this website with your PACs*

The focus this year is to continue our work with SOGI/SOGI 123, and Inclusive Schools, while also introducing the topics of *Anti-Racism and Intersectionality*. This is significant and ongoing work in our district; as well as highlighted by DPAC membership as a top priority.

- Committee had first meeting and focused on introducing new members, reviewing the work and progress from last year, and looked ahead to this year’s work and alignment of goals. We then spent time in learning sessions and presented feedback to the District staff leads on barriers.
- **Nov 20th Transgender Day of Remembrance Event**, in partnership with SD33. No official poster to share yet, or info on the panelists, will share when we have more. General info:
 - Nov 20 6-8:30pm - Alumni Hall – at Neighbourhood Learning Centre @ CSS
 - 16+ event - unless you attend with your adult
 - Coffee/tea/juice/water and desserts provided
 - 5 short films and 5 trans panelists
 - Films will run for the first hour, followed by directed questions to the panelists, then open an question forum for the last 15/20 min.
- New partnership with Valley Shidokan (2SLGBTQIA+ self-defense courses) in development (partnering with SAGE possibly) – more info to come.
- All schools should now have SOGI Leads in their schools (staff) whom they can contact. If you are unsure who this may be, please contact DPAC Exec (or your school Admin Team) and we can connect you.
- Curious to learn more about *Intersectionality*? Watch this short [YouTube video](#)
- Ever think about why you think the way you think? The decisions you make about someone? Watch this [2 min YouTube video](#) to get started, and then scan the QR Codes below to see where you land! (hint: we all have biases, it’s good to check in!)



OPTIONAL IMPLICIT BIAS TEST

<https://www.youtube.com/watch?v=dloCjQ8shZE>

Flower VS Insects

Race, Sexuality, Age, Gender etc.

This will take about six minutes to complete.

Start here

Complete these ones tonight

Next Meeting: Nov 28th



SD33 DPAC GENERAL MEETING MINUTES
for October 24th, 2024, at 7 pm
HELD In Person at the School Board Office and on ZOOM

CYC Chilliwack Child and Youth Committee (Unseated)

NOT UNDER CHC* DPAC does not currently have a Seat on Early Years, though the information may be relevant to our Members. We do have a seat on Middle Years, which is **vacant**. If you would like to attend the meetings, please let us know! dpac@sd33.bc.ca <https://childand youth.com/>

As we are trying to limit the amount of time we spend discussing committee updates, we may miss community updates you (and your PAC members) find valuable. We encourage you to please sign up for the CHC / CYC Weekly Mail-Outs to stay up to date: [HERE](#)

Planning for the 2025 Annual Conversation on Chilliwack's Children & Youth will begin in November.

1. Early Years: (Ages 0 to 6)

- Early Years Fair will be on Wednesday 28th May 2025.

2. Middle Years: (Ages 6 to 12)

- Middle Years Development Instrument (MDI) data was presented to the committee, awaiting Minutes, will update in November if necessary.

Next Meeting: Nov 18th at 9:30 am – 11:00am

Meetings are generally held the 3rd Monday of the month 9:30-11 am – please let us know if you would like to attend these meetings and represent DPAC – you do not have to be a DPAC rep to do so!

** Please forgive prior long-time reporting that CYC was under CHC. That was a collective misunderstanding on DPAC Executive and will be amended going forward.*



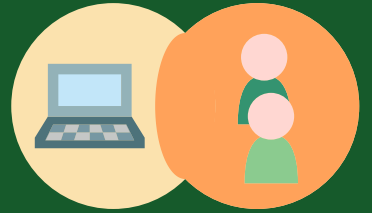
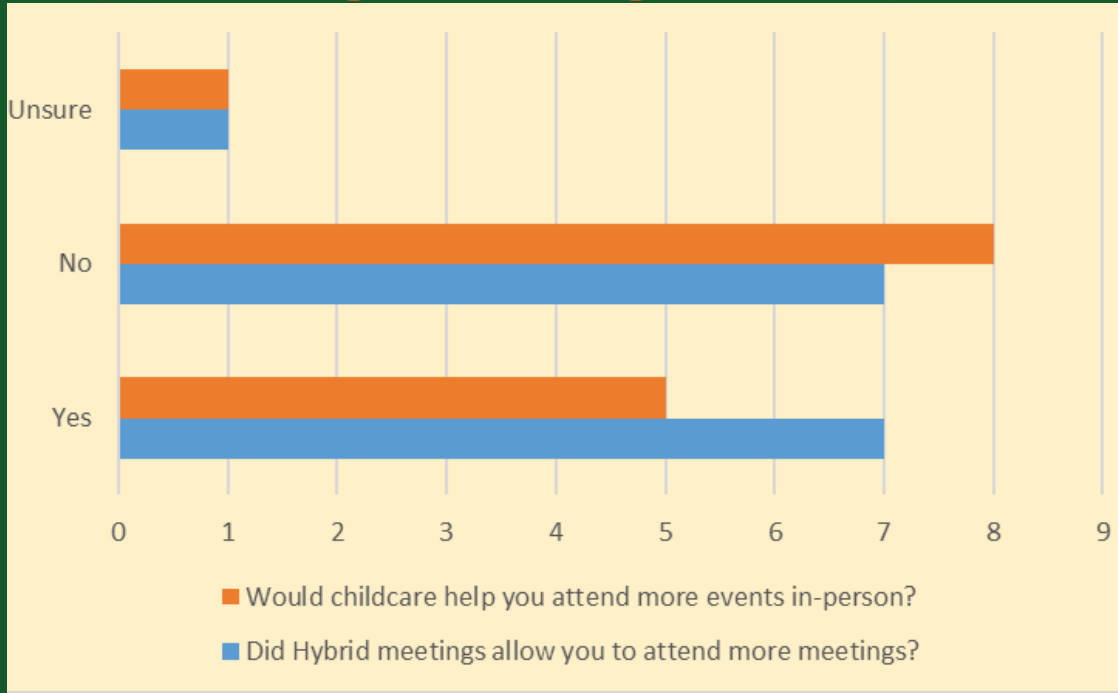
SD33 DPAC GENERAL MEETING MINUTES
for October 24th, 2024, at 7 pm
HELD In Person at the School Board Office and on ZOOM

APPENDIX III – Planning Survey Infographic (Results)

SURVEY DATA INFOGRAPHIC

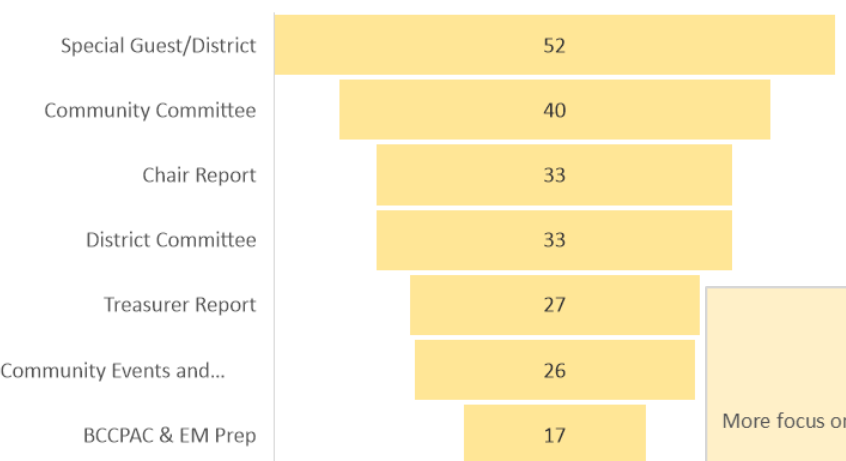
Thanks to everyone who took the time to fill in the DPAC planning survey. These are the results.

Supporting Meeting Participation

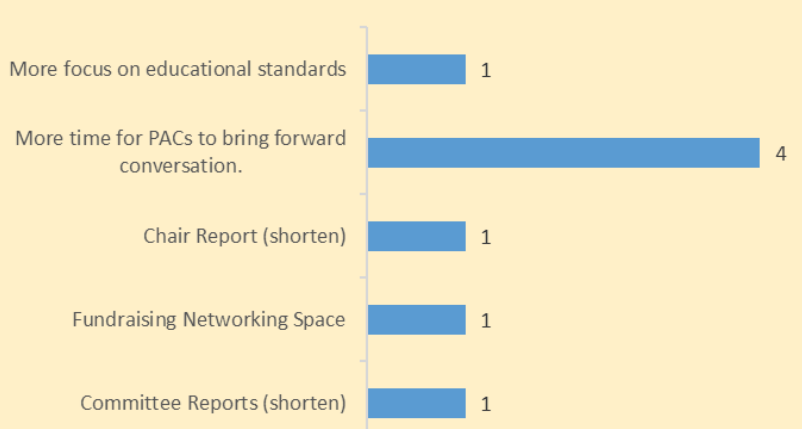


Agenda Management

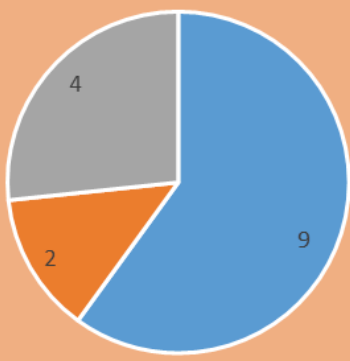
Agenda Item Preferences



Agenda - Areas for Improvement



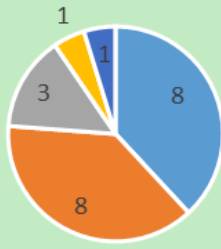
Do you find guest presentations valuable?



Yes Unsure Yes, but need more time.

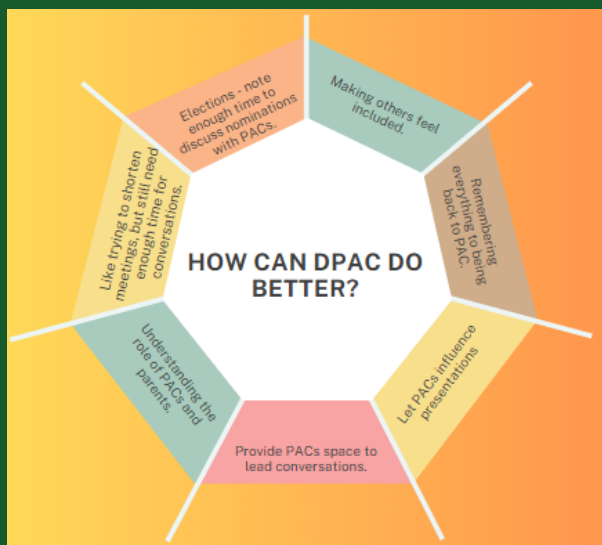


At GMs where would you like to see more time?



- A combination of community and school district presentations, possibly once per term.
- Community experts presenting on topics such as: mental health, substance use/abuse, literacy, health related topics for youth (within concise timeframes, not full presentations)
- School District staff presenting on topics such as: careers, literacy, student achievement, 90 day cycle, FESL reports etc.
- Status Quo - Keep it similar to how it was this year, more or less
- Presentations on a separate night from business meetings

What can DPAC do Better & What is Done Well?





APPENDIX IV - DPAC Advocacy Priorities Survey Results for 2024/25

● Anti-Bullying - Education and A...	28
● Anti-Racism - Education and Ad...	6
● EA Support - Advocacy	33
● Classroom Temperatures in Buil...	21
● DPAC Website - Build One	1
● Class Size and Composition - A...	19
● Inclusive Childcare Access - Res...	6
● Traffic and Bussing infrastructure...	21
● Substance Use and Addiction C...	14
● Infrastructure and School Capac...	21
● Process and Procedure Transpar...	7
● Inclusive Playgrounds - Researc...	5
● Projections and School Land Ac...	2
● Other (comment below)	3

