



"I like getting to go visit my old teacher and give them coffee. She works really hard." ~ Student



CENTRAL SIPS

Student-Run Coffee Cart @ Central Elementary

Supported by our CYCW & Indigenous EA, students who were typically struggling with self-regulation, positive social interactions with others, or feeling connected to the school are given the opportunity to spread kindness to the adults through "Central Sips" Coffee Cart.

Students learn the process of reviewing an order, preparing the item, and delivering it to the staff member. The students are able to see the direct impact of their work with the staff member, receive positive affirmation for the coffee, build confidence with social interactions, and get real-life experience.

The students who are part of Central Sips are eager to continue, and they show self-regulation throughout the process that transitions back to the classroom after the deliveries. The staff also feel appreciation for the student's delivery and positive exchange. This shows that purposeful interactions of contributing to a school community benefits students and the staff.

"The student's take so much pride in their work, they take it very seriously. They brighten my day with the delivery and ask me how it tasted when I see them later. It is such a lovely interaction to have."

~ Staff

- Transitions
- Human & Social Development
- Kindness