



Health and Safety Information for Parents/Guardians Chilliwack School District #33

The BC Centre for Disease Control has updated information about student health checks. Parents and caregivers **must** assess their child daily for symptoms of common cold, influenza, COVID-19 or other infectious respiratory disease before sending them to school.

Symptoms include:

- fever
- chills
- cough
- shortness of breath
- sore throat and painful swallowing
- stuffy or runny nose
- loss of sense of smell
- headache
- muscle aches
- fatigue or loss of appetite

If students develop any of these symptoms:

- **Parents/caregivers must keep their child at home** until they have been assessed by a health care provider to exclude COVID-19 or other infectious diseases, AND their symptoms have resolved.
- Parents **may** be requested to provide school administration with documentation from a health care professional clearing their child of COVID-19 before returning to school.
- Those unsure if their child should remain home should access the [BC COVID19 Self-Assessment Tool](#), or contact 8-1-1, Fraser Health or their family physician.
- Students showing symptoms while at school will be immediately moved to the school's Isolation Room and **parents will be contacted for immediate pick-up**.

School Processes:

- All staff and students will diligently practice recommended Hand Hygiene; this means they will wash their hands frequently during the day (e.g., each time they enter and leave their classroom, during activity transitions, before and after eating, etc.).
- Students are to bring their own supplies as suggested by their teacher.
- Drinking fountains are closed but water filling stations will be open.
- Students should bring a refillable water bottle.
- Breakfast, recess or lunch food programs will not be running as per usual. Parents are responsible for sending all food with their child.
- Playgrounds are closed before and after school. They are open for students attending school to use during the day.
- Recesses and lunch breaks may be staggered at some schools to minimize student contact.

To minimize contact within school, ONLY students and staff will be allowed in the building. All school doors will be locked after students enter in the morning.

- Please phone or email the school office to make an appointment if you need to come into the school.

Thank you again for your understanding, flexibility and patience as we continue to slowly reopen our schools. Due to the above-mentioned and other health and safety protocols, our schools are

controlled and safe learning environments. It is safe to send your child to school and we are excited to have our students back in our buildings, albeit the school experience will be different this June than any of us are used to.