

Game/Activity: Horseshoe Hockey Rules

Grade Level: Elementary

Description:

Horseshoe Hockey Rules

1. Players must hold noodles with both hands in the shape of a horseshoe and keep this throughout the game. Noodles in a box in the equip. rm.
2. Players can hit, scoop the balls, but not grab and lift/run with the ball.
3. Players cannot intentionally play the ball with their feet
4. Players should stay on their feet to play the ball, and not fall to their knees/slide. Reminders first, then 60 second "penalty" on the bench. This is for safety to keep their heads away from feet and knees.

Horseshoe Hockey Organization (modify for your gym space and layout)

1. For primary grades, put a bench on its side on walls #2 and #4 to act as the nets.
2. For intermediate grades, the entire end wall between the windows and equipment room door is the net, with the top of the net being the lowest panel seam (about 2' up from the floor)
3. Balance out the attendance squads as evenly as you can. Give each squad the same coloured noodle.
4. Send half of each squad to each side of the gym so that there are four different coloured noodles on each team.
5. Begin with one coloured noodle for goalies (ex. Orange noodles will be goalies on each net), then every 3 minutes or so, pause the game to change the colour for goalies. Rotate through all noodle colours so that everyone gets a chance to be goalie. There will be multiple goalies at each net all the time.

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