

## QUESTION PERIOD JANUARY 29, 2019

- ✓ When we have a lockdown what is the impact on mental health of students? Do we know the impact?
  - School counsellors always monitor students for any trauma after all incidents.
  - School teams work closely with external agencies in supporting students in our school communities.
  
- ✓ What are we doing for mental health awareness throughout the school district?

### 2018 - 2019 - Focus on training and school planning sessions

Group	Date(s)	Details
All Education Assistants (Choose 1 session)	Oct 5, 19, Feb 22, May 3	1.5-hour training on MHL
Lead High school teacher teams	Oct 18/19	8-hour training on MHL and action planning for Schools- Provided with HL curriculum for grade 9 students.
All CYCW	Aug 28	3-hour training on MHL

Parent sessions	Various dates	School sessions supported by mental health team
All district student services staff members	Sept 5	3-hour training on MHL
All School-based student services staff	Oct 4 (Student Services Day)	3-hour training on MHL
Secondary admin teams/Student services	July 4 – 7 (Dalhousie University)	3-day training on MHL
Elementary & Middle admin team	Sept 10 – 12 (UBC)	3-day training on MHL
Elementary/Middle teachers' team	February 21/22	8-hour training on MHL and action planning for schools - Strong Kids and Strong Start resources provided
SD 33 staff (option)	Self-paced	Online course through UBC
All SD33 grade 9 students	Curriculum embedded in course (School plans)	MHL training within PE courses, advisory or FLEX
Student Leadership conference on Mental	April 15	Jack.org leadership summit on mental health

Here is a summary:

- Harrison (Feb): We had about 120 participants (15 admin).
- Harrison (Oct): We had about 60 participants (9 admin).
- Our last count had 150 EAs who had completed the training.
- Team in Halifax (12 secondary admin and student services).
- Team of elem/middle admin at UBC (3 admin).
- MH team has done a lot of training sessions at staff meetings and school PD days this year.
- Some clerical and EA groups have also completed the UBC course as an afterschool collaboration session.
- We are hosting the Learning Forward learning series in April with a focus on mental health.

Next Steps - Collect student survey data and make it systemic with school plans.

✓ AgSafe is a non-profit health and safety association (Safety Day Programming Opportunity shared with elementary schools).

- We are currently working with 4-H B.C. and the Progressive Agriculture Foundation to bring Safety Days into BC. The Progressive Agriculture Foundation is a not-for-profit

whose mission is “to provide education and training to make farm, ranch, and rural life safer and healthier for children and their communities.” This is done through the Progressive Ag Safety Days Program. Safety Days are one-day events geared towards young children in rural areas. These events teach children a variety of topics from general safety to farm specific safety. Some of the top lessons taught in 2017 included: electricity safety, fire safety, ATV safety, animal safety and water safety.

- ✓ Concerned that organizations close to schools are not told on time when there is a **Hold and Secure/Lock Down** situation at schools. What communication structures do we have in place to support this?
  - When something happens in the community and the RCMP wants us to go into Hold and Secure or a Lockdown we comply. We share this information with the staff in the building and, in the case of preschools or community schools attached to the building, we share with their staff too. In terms of sharing with other organizations in the community, it is the responsibility of the RCMP (not the School District) to share that information if they believe it is important.
- ✓ Do we have nutritional guidelines at cafeterias?
  - Currently schools that have private vendors running school cafeterias do not have published nutritional guides. This is currently under review.

- ✓ GWG sidewalks are impacted due to construction – what are we doing to ensure kids can walk to school during construction in the neighbourhood?
  - The construction project across the school has resulted in the portion of sidewalk across from the school being closed. Students can still use the west sidewalk.
  - The path for students from GWG to Promontory has also been closed due to construction until further notice.