



DPAC MEETING MINUTES FOR FEBRUARY 28TH , 2019

Held at the Chilliwack School District Office

Members Present:	Diane Braun Michelle McGrath Jessica Clarke Jamie Benton Meghan Reid Christine Goodman	DPAC Chair DPAC Vice Chair & Acting Secretary DPAC Treasurer DPAC BCCPAC Rep DPAC Member at Large DPAC Member at Large & CSSS DPAC Rep
	Tai Weatherhead Mallory Tomlinson Debbie Milne Angela Turner Trina Venier Chad Brunheski Sharon Proulx Jamie Fitzpatrick Victoria McGuffin Mohamed Rehmtulla Karen Steinebach	DPAC Rep Cheam El & Vedder Middle DPAC Rep Robertson Elementary DPAC Rep Evans Elementary DPAC Rep Cultus Lake Elementary DPAC Rep GW Graham DPAC Rep Sardis Elementary DPAC Rep Central El & Chilliwack Middle DPAC Rep AD Rundle & McCammon El DPAC Rep Central Elementary DPAC Rep Sardis Secondary DPAC Rep Rosedale Traditional
Trustee Liaison:	David Swankey	School District 33
SD 33 Staff:	David Manuel	District Principal of Special Education

- **CALL TO ORDER – School District Office**

1.1 Called to Order

- Diane Braun, Chair, welcomed those present and called the meeting to order.
- Quorum of 5 voting members met with 15 DPAC Members Present. Majority will be 8 votes.
- Called to order 7:04 PM

1.2 Adoption of the Agenda

That the agenda be adopted as amended. Additional of Social Media Committee and Trustee Renumeration Committee.

- **MOVED** by Angela that the agenda be adopted as circulated. 2nd Chad. **CARRIED**

1.3 Approval of the Minutes

That the minutes of the January 31st ,2019 meeting be approved as amended.

- **MOVED** by Sharon that the minutes be approved as amended. 2nd Tai. **CARRIED**



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2.0 SPECIAL PRESENTATION – MENTAL HEALTH LITERACY

David Manuel – District Principal of Special Education

- Learning for all – Bridging the Gap between academic learning & social and emotional learning.
- What is Mental health literacy? It is training & Education. It is not a program, but instead resources to share with staff that link to the BC Curriculum.
- Strong Kids is being brought into our Elementary Schools.
- Goal: All support staff (EA & CYCW) complete training sessions on Mental Health Literacy (200 of 300 EAs are done, and but end of this year have all Gr 9 teachers done)
- “Go to staff” for Mental Health Literacy are established at each site (K-12)
- All grade 9 students complete the Mental Health Literacy curriculum in high school
- Desire is to provide regular parent information sessions (e.g., Hold Onto Your Kids Oct 2018)
- TED Talk video by Kelly McGonigal on stress (See link below)
https://www.ted.com/talks/kelly_mcgonigal_how_to_make_stress_your_friend
- Fraser Health started the Healthy Schools Program. In April there will be a Jack Summit. Their mission is to talk about mental health. <https://jack.org/summit>. This program will be targeting 100 high school age students to be “champions”, with money being given to the schools; may be expanded to other age groups in the future.
- <http://pdce.educ.ubc.ca/> Free UBC Course. Designed as 4 modules for a total of 8 hours learning time. It is recommended that parents consider taking this course.
- How do we manage the Stigma surrounding mental health? The message is clear just like we take care of ourselves physically we should also take care of ourselves mentally.
- District action plan surrounding MHL is being sent to the Ministry of Education.
- Trying to streamline the messaging across the district.
- Board of Education has requested a 3 hour workshop. Parents also asked for a workshop if they prefer it to the 8 hour online option.

3.0 REPORTS

3.1 Trustee Report

- Consultation on the Integrated Arts School – April 16th on North Side & April 24th on the South Side. There will be break out sessions for smaller groups and there will also be an online component session for parents who cannot attend to provide input. The format is proposed as a middle secondary school and it tentatively set to open in September 2020. School capacity is 700 students. Early discussion from Reps reflected concerns with transportation (bussing, safety, increased traffic, implications for ADR students as both catchment and school of choice). Thought is being given to phase in Gr 9-10, then add a year every year thereafter.



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- Question period for board meetings has been restructured. Public participation model is coming back. Questions must be related to agenda topics and this 30 min period now falls at the end of the meeting. The rationale for this is to keep the meetings productive. 2 min granted to each speaker & no longer restricted to just a question.
- We purchased 5 more portables for the district at a cost of \$734,820.
- Trans Mountain Pipeline – The board was given 4 choices in regards to the pipeline. We as a district have not taken a stance. We have however declined the compensation package offered by Trans Mountain for the right of way. The board does not feel comfortable signing off until all the questions are understood. Diane stressed importance of parents being involved in future decisions since PACs often pay for the emergency preparedness supplies/equipment.

3.2 Committee Report – CYC Committee & Special Needs Advisory Committee

- Karen Steegstra's (CYC Coordinator) last day. The coordinator role has been eliminated. Karen was an integral to setting up the CYC as we know it today.

Alyson King – District Homebound and Alternate Support Coordinator

- Discussion surrounding how the district is addressing the gaps in the school system
- Reviewed some of the alternate educational programs available
 - Medical Homebound – Gr 6-12 (away max 8 weeks)
 - In-School Alternate
 - Connections (Anxiety) Pathway – block that is self-paced for course completion
 - SSS – less social emotion, but more alternate course offerings
 - GWG room that helps for social emotional needs but not academic
 - **Homebound alternate**
- Attendance average for high school students is 80-85% - 200 students are not at school on any given day for various reasons (number represent the excused absences).
- The district has been spending a lot of time thinking about attendance challenges and the correlation to a student's ability to graduate.
- They are looking at the entire K-12 demographic, to understand why many of our most vulnerable students are not attending school on a regular and frequent basis.
- **Agency update:** Xanax (alprazolam) – concerns very briefly brought up around overdoses. Xanax is commonly prescribed to help manage anxiety, but a good



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majority of the street Xanax is laced with Fentanyl, and causing overdoses. This is showing up in high schools with the police seizing some from Delta district in December. Parents were informed to talk to their kids about illicit drugs and the Narcan kits distributed to each of the Delta high schools.

- There was no Special Ed Advisory meeting in February, District staff meeting had to be rescheduled due to Snow Day.

3.2 Committee Report – CHC Committee

- DPAC was unable to attend the February Meeting.
- Next Meeting is April 23rd, 2019.

3.2 Committee Report – Primary Prevention

- Meghan Reid will be presenting to City Council on March 5th, 2019 at 3:00 PM. This is on child proofing porn & making it inaccessible to youth under the age of 18 via free WIFI.

3.3 Committee Report – Social Media Committee

- Poll on Facebook regarding allowing members to advertise businesses on the DPAC Page. This poll was in favor of not allowing this.

3.4 Treasurers Report

- Gaming Balance: \$6,156.95 (as at January 31st, 2019) Adjusted Balance: \$5,629.11
- General Balance: \$1,539.97 (as at January 31st, 2019) Adjusted Balance: \$1,289.38

Budget Committee: No budget meeting since last DPAC meeting. Next meeting April 4th, 2019.

3.5 BCCPAC Report

- BCCPAC nominations are due February 28th.
- Ordinary resolutions are due March 15th, 2019
- May 3-5th BCCPAC AGM & Conference. AGM packages should come in the mail to the school mid to late April. Once the packages have been received, we will determine whether we need a separate meeting to review resolutions or whether we can add as an agenda item to our April meeting.
- \$300 for full conference & AGM, \$225 Conference Only, \$100 for AGM Only (These are the early bird rates)



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- If any PACs are planning on sending a new person to both the conference and AGM we do have some people who have previously attended who they can partner up with in order to get a discounted “newbie” rate. Please send an email to Diane before you register if you are interested in more information.

4 UNFINISHED BUSINESS

4.1 Code of Ethics – We still have a few members who have not signed the code of ethics. Diane requested they read and sign after the meeting.

4.2 White Hatter Presentation March 5th 6:30-8:30 PM, Sardis Secondary Theatre

4.3 Selfless – Karen Layte attended Selfless on behalf of DPAC. Karen was unable to be at tonight’s meeting but sent the following feedback:

It was more story like, ‘having hope’ being the main goal with information mixed in from an optometrist, chiropractor, family councillor and teacher from the world music program.

It was not an anti-technology film but rather a reflection about our devices and how our kids are the first generation that will have technology since birth. It is not saying put your phones away, it focuses more on how to work together, both adults and kids, to participate in the discussion to make technology work in our lives. It explores different lives from Canada, US and UK and how technology has affected them. The main goal of the film is inspiring all to become more present in the moment, and not focused on technology.

I would say this documentary is an excellent way to start a discussion!

5 NEW BUSINESS

5.1 PAC / DPAC Appreciation Dinner – Wednesday April 3rd, 2018 from 5:30-7:30 pm. Two parents from each PAC are invited to attend. Alumni Hall – Neighborhood Learning Centre. Please RSVP by Wednesday March 13th, 2019.

5.2 Trustee Renumeration Committee – No terms of reference as of yet. Sign up sheet passed around seeking volunteers. We will have 2 seats on this committee. Preference will be given to DPAC Executive members, then DPAC Reps with consistent attendance at DPAC Meetings this year.

5.3 Strike an Election Committee – May 30th, 2019 AGM. Sign up sheet passed around seeking volunteers. The mandate will be to advertise and organize the elections for the DPAC AGM.

5.4 New Ideas or Concerns



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Roundtable on what parents would want to hear specifically about during the School District public budget presentation?

- Technology Costs Covered by the District
- Funding for early French Immersion Program.
- EA Costs & FTE. Is there an increase in the budget?
- What budgets have been increased over last year to address the pressures of the growing system? And what funds were cut to accommodate these increases?
- Are there any budget line items for new busses to increase our fleet? Not replacement busses.
- ESL Supports

What would you like to discuss or hear about during the PAC Appreciation dinner?

- Lack of French teachers
- Mental Health Literacy
- SOGI
- Parent Involvement in PAC Meetings, how to engage parents
- How to get information out to all parents not just those that attend meetings
- Vision of the district going forward in terms of relationships with partner groups.
- PST Rebates for PAC's.
- PACs should be using School District Emails for continuity in flow of information.

6 DATE OF NEXT MEETING: April 25th, 2019 AT 7:00 PM AT THE BOARD OFFICE

7 NEXT BOARD MEETING: March 12th, 2019 AT 7:00 PM AT THE BOARD OFFICE

8 AJOURNMENT: 9:54