

**BOARD OF EDUCATION  
School District #33 (Chilliwack)**

---

**517  
POLICY  
Health-Promoting Schools**

---

The Board of Education believes that healthy and active students are better able to learn and that school practices can have a positive influence on students' health. Food and beverage alternatives offered in schools will meet Ministerial guidelines for healthy choices. Schools will implement programs that support regular physical activity for students.

The Board also believes that educating and promoting healthy lifestyles for students is a responsibility shared with parents, the health sector and the community. Schools will work cooperatively with families and the community to strengthen and build connections and services to nurture healthy and active lifestyles.

---

Cross Refs: [Guidelines for Food and Beverage Sales in BC Schools \(2013\)](#),  
[Daily Physical Activity K to Grade 12 Program Guide 2011](#)

Adopted: January 15, 2008  
Reviewed:  
Revised: November 12, 2014